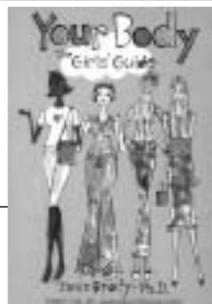




Dr. Janis Brody
**Your Body:
The Girls'
Guide**
(St. Martin's Press)



Janis' book is recommended by Publisher's Weekly, Jump Magazine, and Amazon's Top 10 Family List. Available on Amazon.com

If you would like to contribute stories or photos for consideration in our next newsletter, please contact: CPDSA@earthlink.net

CPDSA MEMBERSHIP APPLICATION

Name _____

Date ____/____/____

Member # _____

Address _____

City _____ State _____ Zip _____

Home or Cell Phone _____

Work or Cell Phone _____

E-mail _____

Contribution:

\$15 \$25 \$50 \$100 Other _____

New Member Renewal



Tori and Rick bounce to the beat.

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JOIN US!

Please cut out this membership application and mail it, along with your contribution, to the CPDSA address below.

You can get additional applications and more information from Lezly Ziering at the CPDSA Skate Circle, located mid-park at the foot of the bandshell. You can find us by entering Central Park at 72nd street and walking along Olmsted Way toward the center of the park. Just follow your ears. Listen for our dance music. You can't miss us.



CENTRAL PARK DANCE SKATERS ASSOCIATION
14 Washington Place, #11F
New York, NY 10003
(212) 777-3232

CENTRAL PARK DANCE SKATERS ASSOCIATION



NEWSLETTER
OCTOBER 2007
VOL. 13 ISSUE 2

EVENTS SCHEDULE

10/20 SATURDAY

DJ Rob Scott

10/21 SUNDAY

4pm start - DJ Julio
Making Strides Event

10/27 SATURDAY

NO SKATING-
Kids Halloween Event

10/28 SUNDAY

Last Skating Day of the
season - Halloween Costume
Party & DJ Jam

THE CENTRAL PARK SKATE CIRCLE

takes place every Saturday, Sunday and major holiday in 2007 from April 8th through October 28th. The music plays from 2:30pm to 6:30pm.

OFFICIAL CPDSA CONTACTS

Lezly Ziering 212-777-3232

Bob Nichols 212-246-1344

On the Web www.CPDSA.org

E-mail CPDSA@earthlink.net

CPDSA BOARD OF DIRECTORS

Lezly Ziering, Chairman

Bob Nichols

Daniel Guzman

Rebecca Guzman

Duane Reid

Darryl Thomas

Mark Wolf

Vera Sinnreich

John Waters

Gwen White

The Skate Scene

by Lezly Ziering

The year 2007 has been a year of surprises for the NY skate community. The closing in very short order of the three major rinks, Skate Key in the Bronx, Empire in Brooklyn, and the closing of the Roxy - twice! We also suffered the closing of a favored Jersey rink in Montvale.

We began to search for alternatives - in New Jersey we found Skate 22 and Branchbrook - in Yonkers we found Murray's, and then came another surprise - the opening of a brand new, well equipped, clean, welcoming rink in - of all places - Staten Island - Skate Jam USA, which has gained favor quickly among our skaters. It is reachable by public transportation via the Staten Island Ferry and the Staten Island RR to Totenville,

if you don't have a car, not so easy, but doable.

These skating venues are very different from one another, but they have one thing in common - they are all about an hour away by car and really tough to reach by public transportation - a bummer. Yonkers has the additional disadvantage of closing down its' roller skating from mid-September till mid-May for ice skating - a seven month hiatus. The entry fees are modest - under \$15.00.

If that seems reasonable to you - keep in mind that the one skating venue that remains in NYC - the Big Apple proper - FREE TO ALL SKATERS, 7 months of the year - is the Skate Circle in Central Park, where you have close to 5 hours of skating, at least twice

a week, sometimes 3 as we do for the Memorial, Independence, Labor Day (which is upon us) and Columbus Weekends, to the widest variety of top flight DJs featured anywhere in this country and, I dare say, in the world.

By all means keep that in mind when we hold our fundraisers and ask for your memberships and donations so that we can continue to bring this treasure to the skating community - to you. Remember the phrase - it's free but it ain't cheap. It should be worth at least 15 bucks a YEAR (our basic membership) to you!! I digress.

Another surprise that hit the NY theater scene - the Broadway production of *Xanadu*, that spoofs the 1980 film that featured Olivia Newton John

(Continued on page 2)



The CPDSA staff, bringing the Skate Circle to you every summer weekend!

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“Ups & Downs” continued from page 1.

(who made an appearance on opening night and took a curtain call) and Gene Kelly.

I had the pleasure of being the skate trainer for the cast and the sorrow of hearing about the broken bones and ankles that have plagued the skaters, including the lead actor James Carpinello, who did his ankle in 2 places and his leg in 3. I saw him at the Cast Party on his crutches. He told me “I was just fooling around - I was showing some of the kids what not to do on skates”. I said “James, you were right on the money, that was definitely not the thing to do on skates.”

The show opened at the Helen Hayes Theater on W. 44th St. to almost unanimous excellent revues. One reviewer who was right on point wrote: “Can a musical be simultaneously indefensible and irresistible? Why, yes it can. Witness *Xanadu*, the outlandishly enjoyable stage spoof of the

outrageously bad movie from 1980 about a painter and his muse who find love at a roller disco in Los Angeles.”

I enjoyed *Xanadu* immensely, even though, as in the movie, you have to wait till the final scene to see any skating of note. Kerry Butler, the leading lady, is on skates throughout the show which she handles well, but her role does not call for more than basic skating skills. There are lots of laughs and humorous anachronisms throughout the show, and the cast, on or off skates, is excellent. I must mention one of the highlights of the show - a tap dance on a table top that is truly a show stopper. I recommend the show highly.

Well that’s my story - and I’m stickin’ to it!!!

Th’ tha’ - th’ tha’ - th’ tha’ - th’ that’s all folks! See you at the Skate Circle!

The View from Skaters Road

by Bob Nichols

Labor Day Weekend - the beginning of the end of summer. It’s hard to believe, but the calendar doesn’t lie. September is here and we know that the weather will cool and the days will grow shorter. We have probably seen the last of the hot, humid weather, but every year is different and September can have its scorches, too. Though we missed any record breaking temperatures this year, there were days when it felt like we were skating in soup - thick, hot soup.

It never got too hot for the diehards though; the year-round Central Park Skaters who dance on their skates in every season. Their love for skating and for the freedom of skating outdoors in the park is what created the Circle and what drives it every time the music plays. Who are the diehards? People around the world know them...by their faces and from pictures and YouTube videos of us skating. Just as we got to know each other, by sight, long before we learned each others names.

We experience a good-natured, easygoing camaraderie when we skate; it is the workout, that doesn’t feel like work. We come back again and again, week after week for the exercise and the party. There is also a certain experience, a moment when, led by the music and the dancing, our exhausted bodies feed endorphins to our brains, which put us into a state of joyful exhilaration. We feel good, we look around and find that we are among friends.

We get to know and trust the people we skate with. We learn about one another as individuals by the way we skate - by how aware and mindful of others we are in that millisecond when we can avoid a problem by making a tiny adjustment to our speed or direction. When you share a rink space with others, there are always compromises, missed opportunities and occasional accidents. The way we treat each other in those moments makes all the difference; courtesy and safety are a constant process of trial and error, just like friendship or love.

It is something we experience together at the Skate Circle and it teaches us to be better people.

In the next two months there are several weekends when large special events will end early enough for us to set up our equipment and skate afterwards, but only if we can prove that we will not interfere with the breakdown and trucking out of the other event’s equipment. Which means we have to stand back and let them do their jobs and then jump in and get our equipment set up, the barricades put in place, the ground swept and all of our infrastructure put in place. For it to work we all must pitch in and get the Circle running.

If we can prove to the Conservancy and Parks Department that we can cooperate and make an easy transition on Sunday the 9th, we will be able to salvage more days in October. If we can’t work with the other events; we will continue to lose whole skating days instead of salvaging a late, 4:00 start. It’s up to you...

There is a small group of CPDSA volunteer staff members who do the hard work and heavy lifting that allows the Skate Circle to operate smoothly and keep the party going week after week. I want to thank them now, before the end of the year.

Volunteer captain “Tall Blond Ken,” chief audio engineer “Segway Bill,” our three Eds: “Big Ed,” “Muscle Ed” and “Ed the photographer.” There is also our chairman of the board “Skate Guru” Lezly. We should not forget our volunteers: Chris and Maria, Vera, Tyrone, Steve Cherry, Darryl, “Big Daddy,” “Big Teddy,” “Big Joe,” Rebecca and Daniel, John Waters, Greg, Mark Wolf, former CPDSA president Gene Williams. That covers our main staff members, but to those of you who help with the barricades, sweep the area at the beginning of the day, clean up at the end or if you help the guys push the equipment carts up the hill; you deserve a special thanks, too.

The Skate Circle Lives!



Show your support for the CPDSA this Labor Day Weekend!

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Aretha rocks out.

© 2007 Kenny Tilton



The diehards come out to play all year long, summer is just a little easier.

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